

OLD-TIME COLD CURE DRINK HOT TEA!

Get a small package of Hamburg Breast Tea, or as the German folks call it, "Hamburger Brust Tee," at any pharmacy. Take a tablespoonful of the tea, put a cup of boiling water upon it, pour through a sieve and drink a teacup full at any time during the day or before retiring. It is the most effective way to break a cold and cure grip, as it opens the pores of the skin, relieving congestion. Also loosens the bowels, thus breaking up a cold.

Try it the next time you suffer from a cold or the grip. It is inexpensive and entirely vegetable, therefore safe and harmless.

RUB RHEUMATISM FROM STIFF, ACHING JOINTS

Rub Soreness from joints and muscles with a small trial bottle of old St. Jacobs Oil

Stop "dosing" Rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacobs Oil" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain. "St. Jacobs Oil" is a harmless rheumatism cure which never disappoints and doesn't burn the skin. It takes pain, soreness and stiffness from aching joints, muscles and bones; stops sciatica, lumbago, backache, neuralgia. Lumber up! Get a 25 cent bottle of old-time, honest "St. Jacobs Oil" from any drug store, and in a moment you'll be free from pains, aches and stiffness. Don't suffer! Rub rheumatism away.

GRANDMA NEVER LET HER HAIR GET GRAY

Kept her locks youthful, dark, glossy and thick with common garden Sage and Sulphur.

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use tonic called "Wyeth's Sage and Sulphur Compound." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant. You will also discover dandruff is gone and hair has stopped falling. Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur and look years younger.

GLASS OF SALTS IF YOUR KIDNEYS HURT

Eat less meat if you feel Backache or have Bladder trouble—Salts fine for Kidneys.

Most forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.

STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Balm at any drug store. Apply a little of this fragrant, antiseptic cream into your nostrils and let it penetrate through every air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant relief.

Ah! how good it feels! Your nostrils are open, your head is clear, no more hawking, snuffling, blowing; no more headache, dryness or struggling for breath. Ely's Cream Balm is just what suffers from head colds and catarrh need. It's a delight.

Complete cure is guaranteed in the case of croupitis or Throat Catarrh if Ely's Emulsion is used. A small bottle can be bought of your druggist for 50 cents and the purchase price will be returned if you are not satisfied with the results.

AMONG THOSE LEFT BEHIND



HERE'S LONGEVITY DIET SPELLING YOUTH AT 80

Mrs. Mary Malesky, Octogenarian and Mother of Ten Children, Says Whisky and Bread Have Kept Her Young

Dietitians, health experts, your attention, please.

Mrs. Mary Malesky, 2474 W. 7th street, eighty years young, has found the fountain of perpetual youth—in a bottle of whiskey, says the Cleveland News.

Mrs. Malesky's longevity diet—a cup of whiskey and a "crutch" of bread, three times a day.

"People who talk about the terrific effects of liquor don't know what they are talking about," solemnly avers Mrs. Malesky. "I have been a habitual drinker for thirty years, and to the liquor I have drunk I attribute my long life—yes, and I am going to live to be one hundred."

"For the last ten years I have practically lived on alcohol—that and a little bread. I started taking it as my chief food when my teeth went bad and it was necessary to stop eating solid foods."

"I soak my bread in whiskey, so it will be easy to chew."

"In the last thirty years I have averaged a quart of beer a day, and in the last twenty years I have taken

SAVING THE KICK IN PROHIBITION AND JAIL EMPTY

Farmers Find That Cream Separators Are a Great Invention Not One Prisoner Has Been Incarcerated for Over One Year

According to a special news dispatch from Marysville, Ohio, farmers in the vicinity of New Carlisle have found a way to "beat" the local prohibition laws. Thousands of gallons of cider were made in that section this fall, and the farmers have discovered that by running it through a cream separator the water is extracted, leaving little but the pure alcohol remaining. "It's got an awful kick," declared one farmer, who allowed his barrel of cider to sit in the warm November sun for two weeks before giving it the cream-separator test. Since his discovery others are filling their cellars with jugs of the extract juice to tide them over the winter months.

A dispatch to the St. Louis Globe Democrat from Montgomery City, Mo., says: Judge J. D. Barnett, of this city called attention today to an unusual record Warren county has made during the last twelve months. There has not been a prisoner in the county jail in a year.

What makes the statement more significant is the fact that there are twelve saloons in Warren county.

WHERE FREEDOM REIGNS.

"The Capital of the United States," says Senator Jones, of Washington, "ought to be such a city that Europeans who may visit it will go back to tell their people and friends of its glories and beauties." And if Senator Jones' best efforts succeed Europeans will be able to go home and tell their people that in the Capital of the United States they were forbidden by law to drink a glass of the wine of France or California or beer of Germany or Milwaukee with their meals. But the chances are their people won't believe them.—Washington Herald.

And until the war is over there's no vodka in the land; and the monnik, oh the monnik, for once he isn't sleek. He is fighting like a wildcat to get his vodka back.

You may talk about an open port, but every Russian knows That he'd sooner open vodka than all the port that flows; the odds are ten to one, For he can't have any vodka till this cruel war is done.

—W. S. Jr., in Cornwell Widow.

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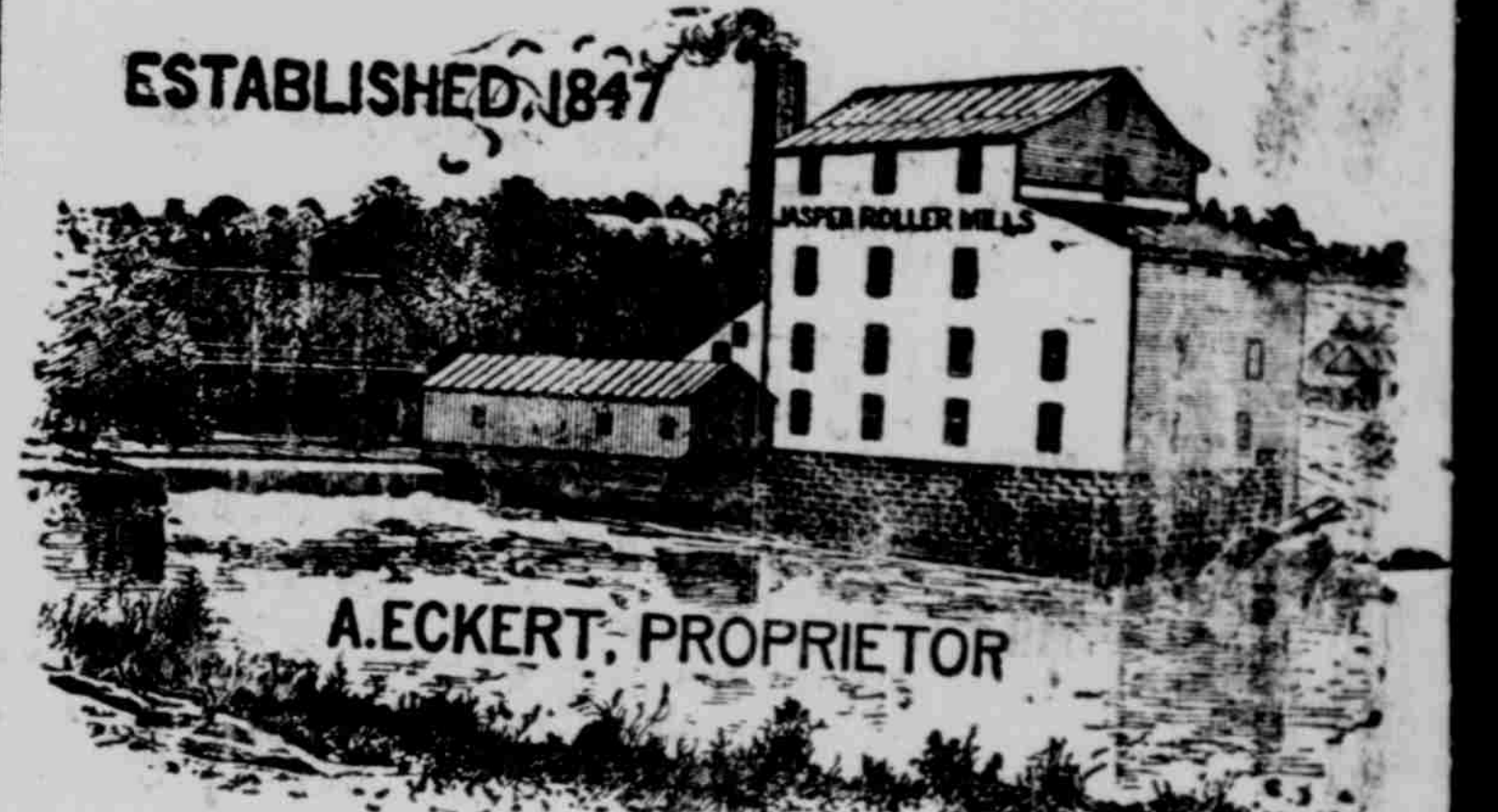
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ANDREW W. ECKERT, Proprietor.

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